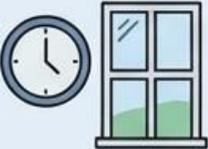


8 Steps for Conflict Resolution

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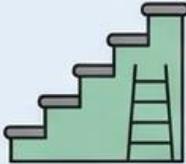
1. CREATE ATMOSPHERE
Neutral, appropriate moment and place.
- 

2. CLARIFY PERCEPTIONS
See with the other's lens, manage emotions.
- 

3. FOCUS ON NEEDS
Not desires, seek constructive bases.
- 

4. BUILD POSITIVE POWER
Power 'with' the other, not 'over' the other.
- 

5. LOOK TO THE FUTURE
Learn from the past, don't remain a prisoner.
- 

6. GENERATE OPTIONS
Creativity, humor, free flow of ideas.
- 

7. DEVELOP STEPPING STONES
Feasible steps, specific successful actions.
- 

8. MUTUAL AGREEMENTS
Mutual benefits, maintain the partnership.

Save this guide for your mediations